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Chiropractic Physician

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Chiropractic Physician

### SERVICES...

- **Biodental Hormone Replacement Therapy**
- **HcG Weight Loss**
- **B-12 Injections**
- **Infusion (IV) Therapies**
- **Chelation Therapy**
- **Detoxification Programs**
- **Colon Hydrotherapy**
- **Chiropractic**
- **Acupuncture**
- **Food Allergy Testing**
- **Laboratory Services**
- **Supplements**
- **Sports Physicals**
- **DNA Child Safety ID Program & Paternity Testing**

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## Stressed and Tired

The doctor says I'm not sick but I know I'm not well. Have you ever thought that this applied to you? Your body aches all over and it is hard to get anything done. You feel anxious or depressed over simple life events. Your ability to concentrate at work and at home is diminished. You have to drag yourself out of bed each morning. On the weekends you sleep until noon but still feel tired. Your weight has become unmanageable. You seem to catch every virus that you are exposed to while others never get sick. You have become allergic to everything. Your stomach stays in knots and you are easily overwhelmed. You feel like you have lost your edge and are no longer in control. Do these symptoms describe you? If so you are suffering from physical symptoms of

stress also known as adrenal fatigue.

Unfortunately, millions of Americans suffer from undiagnosed stress related ill-



**The doctor says I'm not sick, but I know I'm not well.**

nesses. Routine lab test results are often normal leading doctors to believe that patients are physically well. Patients often are diagnosed with depression, anxiety, sleeping disorders, chronic fatigue, or fibromyalgia. Prescription medications such as anti-depressants, anti-anxiety medications, sleeping pills,

synthetic hormones, pain medication, allergy medication and antacids are prescribed to alleviate symptoms.

You know that your symptoms are real, and you are not happy at your present level of health. You are also certain that you are not depressed and are somewhat resentful that the doctor has offered you medications without a definitive diagnosis.

Adrenal stress-related illnesses can be diagnosed using simple saliva testing. Once we receive your results we can then discuss how to restore normal adrenal functioning by using supplements, diet, and lifestyle changes. Restoring adrenal function allows the body to function normally and avoids the need to use drugs that only relieve symptoms.

## Out with the old...Weight that is!

Are you determined to meet your weight loss goals this year? If healthier habits and weight loss are among your new year's resolutions, give yourself a pat on the back for making health a top priority. The hard part is actually

sticking to it and making real changes!

Let us help you achieve your goals. Through our physician supervised program we specialize in using **HcG** (both drops and IV) along with diet and lifestyle changes. If

you've been struggling to lose weight or simply want a quick, proven weight loss method, you've found the right place! The HcG diet has an amazing success record. You can do this!

**CALL TODAY!**

# New Studies Confirm Acupuncture Relieves Pain

For more than 2,500 years, acupuncture has been one



of the world's most popular forms of health care. Only in the latter part of this century has the practice of acupuncture gained acceptance in North America, but the profession appears to have earned much respect in that short time.

A 1998 study published in the Archives of Internal Medicine,

for example, showed that medical doctors refer their patients to acupuncturists more than any other "alternative" care provider; the same study also revealed that 51% of medical doctors believe acupuncture to be efficacious and of value.

Numerous theories abound as to what makes acupuncture effective for pain. Whatever the mechanism may be, the studies show objective evidence that acupuncture works as a form of pain relief.

Although acupuncture is be-

coming popular for acute pain, it is commonly used to relieve chronic pain associated with a number of conditions, including:

- Back pain, neck pain and other joint pain
- Headaches
- Forms of arthritis
- Pelvic pain
- Fibromyalgia

If you've tried other types of care with no relief, acupuncture may be just the thing the doctor ordered!

*Helping you feel and look good from the inside out!*

## New Monthly Health Lecture's in 2010...

### **Bioidentical Hormone Replacement Therapy**

**3rd Thursday  
7:00 to 8:30 p.m.**

- 'Do I need hormones?'
- 'What is salivary testing?'
- 'What is Bioidentical?'

**Call ahead to reserve your seat  
794-0310**



### **HcG Detox and Weight Loss Programs**

**1st Thursday  
7:00 to 8:30 p.m.**

- 'I've tried everything and nothing works!'
- 'Why can't I lose weight?'

## Irritable Bowel Syndrome (IBS)

IBS is a problem with the intestines. One in five Americans has IBS, making it one of the most common disorders diagnosed by doctors.

Although the exact cause is unknown, those with IBS seem to have a colon that is more sensitive and reactive than usual to a variety of things, including certain

foods and stress. Some evidence indicates that the immune system, which fights infection, is also involved.

Symptoms of IBS can include:

Gas, Pain, Bloating, Nausea, Vomiting, Mucous in the stool, Constipation, Diarrhea, Fatigue, Full sensation after even a small meal, Cramping pain, or

Changes in bowel habits.

If you are one of the many who suffer with IBS there is hope. Although some choose medication to find relief, others look to alternative medicine for solutions. With simple diet, supplement and lifestyle modifications relief is possible. You can regain control of your life...